



Weekend Little League Baseball Camp

Steve Owens
Head Baseball Coach
Le Moyne College Athletic Center
1419 Salt Springs Rd.
Syracuse, NY 13214-1399

WHAT TO BRING

1. Glove/Bat/Helmet
2. Sneakers/Baseball Shoes
3. Bedding
(pillow, sleeping bag or sheets/blanket)
4. Two towels
5. Shorts
6. Sweat socks
7. Supporter
8. Two long-sleeve sweatshirts
9. Spending money (snacks)
10. Water bottle

FEE

June 19,20, 21 - \$185

This is an all-inclusive fee covering tuition, lodging, food (all they can eat; same meals the college kids receive during their term), accident insurance, and a baseball t-shirt.

A deposit of \$85.00 is required with the application. Enrollment is limited so please apply early and reserve a space.

Due to limited enrollment no deposits will be returned. Balance is due at registration in cash, certified check, or money order.

Directed by:
Steve Owens
Head Baseball Coach
Le Moyne College

For more information, call
(315) 445-4487

or

(315) 445-4415

or e-mail us at

owenssc@lemoyne.edu

hoypa@lemoyne.edu

WWW.LEMOYNEBASEBALLCAMP.COM

Dates:

Friday, Saturday, and Sunday
June 19, 20 and 21, 2009

Ages:

8, 9, 10, 11 and 12

Cost:

\$185 per camper

Limited Enrollment

REGISTRATION

Friday, June 19th . . . 4 p.m. to 5 p.m.
Assigned Dormitory

The boys will leave at 12 Noon
on Sunday, June 21nd.



LE MOYNE BASEBALL

THE PROGRAM

This is a camp for boys of Little League age (8-12) who like the game of baseball and are interested in learning more about the game while having fun. The program is designed to provide instruction in the fundamentals of baseball. This instruction will be given by college coaches and players.

An emphasis will be placed on proper throwing, fielding, and hitting mechanics with a variety of take home drills explained for each.

Drill segments and game play will be geared so that all players, beginning and advanced, will experience success.

In addition to having fun, we will attempt to convey the importance of the hard work, repetition, and desire needed to play at higher levels.

It is with these thoughts in mind that this camp is offered.

FEATURING

1. Quality Instruction
2. Five meals in the College Cafeteria
3. Two nights lodging in the College Dorm
4. Insurance is included
5. A Le Moyne Baseball T-shirt.
6. Indoor hitting facilities
(Jugs and Iron Mike Pitching Machines)
7. Outdoor hitting cages
8. Individual Instruction
9. Recreational Facilities/Movies/
Swimming
10. Bats and Helmets Provided (if needed)

CAMP SCHEDULE

Friday 4:00 - 5:00	Registration - at the Dorm Dinner Cafeteria
6:00 - 8:30	Drills and hitting Cages and Fields
Saturday 7:30 8:00	Clean up Breakfast Cafeteria
8:30 9:00	Stretching techniques Proper throwing techniques
9:45 10:00	Sliding Techniques Teaching hitting skills
11:30 12:00	Break Lunch
1:00 1:15	Stretching and loosening up Fielding ground balls
1:45 2:00	Base-running Catching fly balls
2:30 4:00	Games Free time Specialized Instruction
5:00 6:00	Dinner Game/Extra Hitting
8:30 10:00	Snack Time Lights out
Sunday 8:00	Breakfast Cafeteria Drills
8:30 9:00 - 11:30 11:30 - 12:00	Games Check Out

APPLICATION

Name _____
 Address _____
 City _____
 State _____ ZIP _____
 Phone (____) _____
 E-mail _____
 Date of Birth _____
 Ht. _____ Wt. _____ Age _____
 School _____ H.S. Grad. Yr. _____
 Parent Signature _____
 Emergency Phone (____) _____
 Any Medical Problems Yes No
 Please check: **Commuter** **Resident**
 Requested Roommate _____
 T-Shirt Size: Adult _____ S _____ M _____ L
 Youth _____ L _____ XL _____

CHECK OR MONEY ORDER PAYABLE TO:
Le Moyne College Baseball
 Please detach and return to:

Steve Owens
Le Moyne College
1419 Salt Springs Road
Syracuse, NY 13214

For Office Use Only

Date Rec'd _____ Check # _____

Amt Paid \$ _____ Balance \$ _____